



San Bernardino County - Homeless Shelters

Agency	Address	Phone Number	Hours of Operation	Available to:	Member Sites Nearby
Central City Lutheran Mission	1354 N G Street, San Bernardino, CA 92405	(909) 381-6921	-	Men	Central neighborhood Health Foundation: San Bernardino Clinic Lestonnac Free Clinic, San Bernardino Clinic
David & Margaret Youth and Family Services	1350 Third Street, La Verne, CA 91750	(909) 596-5921	9:00 am - 5:00 pm	Girls aged 11-19	Montclair Medical Clinic Central City Community Health Center Upland
Desert Manna	209 N 1st Avenue, Barstow, CA 92311	(760) 256-7797	9:00 am - 4:00 pm	Men, Women, Children, Families	SBCDPH, Barstow Mission City Community Network, Barstow
Family Assistance - Our House	1387 Jasper Avenue, Mentone, CA 92359	(909) 335-2676	24 hours	Youth aged 11-17	County of San Bernardino Department of Public Health, Public Redlands Community Hospital, Redlands Family Clinic
High Desert Homeless Services, Inc.	14049 Amargosa Road, Victorville, CA 92392	(760) 245-5991	24 hours	Men, Women, Children, Families	SBCDPH, Hesperia SBCDPH, Adelanto
Molding Hearts (corporate office)	387 Magnolia Suite 103-317 Corona CA 92879	(951) 464-8587	24 hours	Men & Women aged 18-59	Central City Community Health Center, Norco Health Center Community Health Systems, Inc., Magnolia Community Health
Operation SafeHouse - SafeHouse of the Desert	72710 East Lynn Street, Thousand Palms, CA 92276	(888) 343-4660	24 hours	Youth aged 11-17	Desert Aids Project Central City Community Health Center, Indio Health Center
Time for Change Foundation - Sweet Dreams	2164 N. Mt. View Avenue, San Bernardino, CA 92405	(909) 886-2994	Tuesdays & Thursdays 10 am – 12 pm	Women, Children, Families	Lestonnac Free Clinic, San Bernardino Clinic Central Neighborhood Health Foundation: San Bernardino Clinic
Time for Change Foundation - Mt. View Housing	2164 N. Mt. View Avenue, San Bernardino, CA 92405	(909) 886-2994	Tuesdays & Thursdays 10 am – 12 pm	Women, Children, Families	Lestonnac Free Clinic, San Bernardino Clinic Central Neighborhood Health Foundation: San Bernardino Clinic
Victor Valley Rescue Mission	15572 7th Street Victorville, CA 92394	(760) 955-5958	-	Men	Mission City Community Network Mission City Community Network Victorville #2
Clear Water Residential	13286 Silver Ln, Moreno Valley, CA 92553	(951) 443- 6849	-	Adults	Community Health Systems, Inc., Moreno Valley Family Health Community Health Systems, Inc., University Community Center
California State University Re-Entry Initiative	1456 South D Street, San Bernardino, CA 92408	(909) 327-2981	-	Youth	Unicare Community Health Center, Inc., Colton Social Action Community Health System, Frazee
Community Action Partnership of San Bernardino County	896 S Tippecanoe Ave, San Bernardino, CA 92415	(909) 723-1500	-	Youth	County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino Social Action Community Health System, Norton
Department of Behavioral Health Adult Homeless Program	237 W. Mills Street, San Bernardino, CA 92408	(909) 388-5600	-	18+	County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino Social Action Community Health System, San Bernardino
Foothill Aids Project	670 N. Arrowhead Ave. Ste A-B, San Bernardino, CA 92401	(909) 884-2722	Monday - Friday 9 am - 5 pm	Individuals who test positive for HIV or AIDS	Central Neighborhood Health Foundation: San Bernardino Clinic Social Action Community Health System, San Bernardino
Frazee Community Center	1140 W Mills Street, San Bernardino, CA 92412	(909) 889-4424	Mondays through Fridays 8am - 4pm	Veterans (not a shelter, assistance only)	Social Action Community Health System, Frazee Unicare Community Health Center, Inc., San Bernardino
Inland Temporary Homes (Inland Housing Solutions)	PO Box 239, Loma Linda, CA 92354	(909) 796-6381	-	Families (not a shelter, need referral)	Redlands Community Hospital, Redlands Family Clinic County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Cedar House (Oasis House)	18612 Santa Ana Ave., Bloomington, CA 92316	(909) 421-7120	-	18-25	Community Health Systems, Inc., Bloomington Community Health Center ARMC Internal Medicine Primary Care
House of Angels	3664 N. E Street, San Bernardino, CA	(909) 841-4715	-	Women and women with children	Lestonnac Free Clinic, San Bernardino Clinic ARMC McKee Family Health Center
Veronica's Home of Mercy	641 Roberds Ave., San Bernardino, CA 92411	(909) 889-2558	-	Women and women with children	Central Neighborhood Health Foundation: San Bernardino Clinic ARMC Westside Family Health Center
Lighthouse Social Services	1003 E. Cooley Drive, Ste 205, Colton, CA 92324	(951) 571-3533	-	Veterans	Unicare Community Health Center, Inc., Colton Social Action Community Health System, Frazee



San Bernardino County - Homeless Shelters

Desert Manna Ministries	209 N. 1st Ave., Barstow, CA 92311	(760) 255-9025	-	-	County of San Bernardino Department of Public Health, Public Health Clinics- Barstow
					Mission City Community Network
Life Community Development	-	(760) 246-0691	-	-	Tri State Community Healthcare Center Adelanto
					County of San Bernardino Department of Public Health, Public Health Clinic- Adelanto
Moses House Ministries	P.O. Box 2033, Victorville CA 92392	(760) 243-5006	-	-	Mission City Community Network
					Mission City Community Network Victorville #2
Needles Community Involvement Center - Westcare	800 W. Broadway, Ste D, Needles, CA 92363	(760) 326-3135	-	-	Tri State Community Healthcare Center
					County of San Bernardino Department of Public Health, Public Health Clinics- Needles
New Hope Village, Inc.	100 W. Fredricks Street, Barstow, CA 92311	(760) 256-1900	-	-	County of San Bernardino Department of Public Health, Public Health Clinics- Barstow
					Mission City Community Network
St. John of God Health Care Services	13333 Palmdale Rd, Victorville, CA 92392	(760) 241-4917	-	-	Mission City Community Network Victorville #2
					Mission City Community Network
Victor Valley Family Resource Center	16000 Yucca Street, Hesperia, CA 92345	(760) 669-0300	-	-	County of San Bernardino Department of Public Health, Public Health Clinics- Hesperia
					Mission City Community Network Victorville #2
The Blessing Center	760 E Stuart Ave, Redlands, CA 92374	(909) 793-5677	-	Individuals and Families	Redlands Community Hospital, Redlands Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Youth Hope Drop-in Center	1179 West Redlands Blvd., Redlands, CA 92373	(909) 663-4543	-	Youth	Redlands Community Hospital, Redlands Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Joshua Home: LGBTQ Safe Haven	P.O. Box 9952, Redlands, CA 92375	(877) 726-4274	-	LGBTQ Youth	Redlands Community Hospital, Redlands Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Mercy House	435 S Bon View Avenue, Ontario, CA 91761	(909) 391-2630	Monday-Thursday 10am - 2pm		County of San Bernardino Department of Public Health, Public Health Clinics- Ontario
					Unicare Community Health Center, Inc., Ontario
Pacific Lifeline Women and Children	P.O. Box 1424, Upland, CA 91785	(909) 931-2624	Monday-Friday 9:00am - 5:00pm		Central City Community Health Center Upland
					Unicare Community Health Center, Inc., Ontario
Inland Valley Hope Partners SOVA	904 E California Street, Ontario, CA 91761	(909) 391-4882	Monday – Thursday 9:00 a.m. – 3:00 p.m.		Parktree Community Health Center, Sultana
					County of San Bernardino Department of Public Health, Public Health Clinics- Ontario
Foothill Family Shelter, Inc.	1501 W. 9th Street, Ste D., Upland, CA 91786	(909) 920-0453	Tuesday-Friday 9:00am-5:00pm	homeless families with children	Central City Community Health Center Upland
					Montclair Medical Clinic



San Bernardino County - Food Banks

Agency	Address	Phone Number	Hours of Operation	Available to:	Member Sites Nearby
Believer's Chapel	42180 Moonridge Rd., Big Bear Lake, CA 92315	(909) 566-2552	9:00 am - 11:00 am; Thursday		Redlands Community Hospital, Yucaipa Family County of San Bernardino Department of Public Health, Public Health Clinics- Big Bear Lake
Bethesda Baptist Church	1356 N. Mt. Vernon Avenue	(909) 204-0022	1st Wed of the month 12pm-3pm		Central Neighborhood Health Foundation: San Bernardino Clinic Al-Shifa Clinic, Inc.
Big Bear Foursquare Church	515 W Big Bear Blvd Big Bear City, CA, 92314	(909) 381-6921	12:00 pm - 3:00 pm; Wednesday		County of San Bernardino Department of Public Health, Public Health Clinics- Big Bear Lake Redlands Community Hospital, Yucaipa Family
Central City Lutheran Mission	1354 N. 'G' Street	(909) 381-6921	Grocery distribution 1st and 3rd Tuesday of month. Hot meals served Monday thru Friday from 1st Saturday of month. 8am-10 or 11am		Central Neighborhood Health Foundation: San Bernardino Clinic Lestonnac Free Clinic, San Bernardino Clinic
Christian Missionary Alliance	340 E. Evans Street	(909) 885-0012	1st Saturday of month. 8am-10 or 11am		Lestonnac Free Clinic, San Bernardino Clinic Central Neighborhood Health Foundation: San Bernardino Clinic
First Presbyterian Church	1900 N. 'D' Street	(909) 883-4177	3rd Sat. 9am		Central Neighborhood Health Foundation: San Bernardino Clinic Lestonnac Free Clinic, San Bernardino Clinic
Frazee Community Center	1140 W. Mill Street	(909) 889-4424	Grocery distribution Mon –Fri, 8am. Hot meals 11am-1pm Mon. thru Fri.		Social Action Community Health System, Frazee Unicare Community Health Center, Inc., San Bernardino
Greater Bethel Missionary Baptist	222 E. 2nd Street	(760) 458-0370	Grocery distribution 3rd Tuesday (8am – 11am) and 2nd Thursday (10am – 2pm) of month. Hot meals served 9am to 12pm on Monday, Wednesday, Saturday		Social Action Community Health System, San Bernardino Social Action Community Health System, Norton
Iglesia Supremo Llamamiento	1978 Herrington Avenue	(909) 644-8757	Grocery distribution Monday 9am-12pm		Central Neighborhood Health Foundation: San Bernardino Clinic Al-Shifa Clinic, Inc.
Mary's Mercy Center	641 Roberds Avenue	(909) 889-2558	Hot meals daily Monday thru Thursday and Sundays (except 1st Sunday of the month) 11:30am-		Social Action Community Health System, San Bernardino Social Action Community Health System, Frazee
PAL Center	2450 Blake Street	(909) 887-7002	Wednesday after 3pm.		Al-Shifa Clinic, Inc. Central Neighborhood Health Foundation: San Bernardino Clinic
San Bernardino Community Church (Second Chance Ministries)	2372 E. Lynwood Drive	(909) 486-4471	3rd Sat 8am-12pm *Need identification.		Lestonnac Free Clinic, San Bernardino Clinic Central Neighborhood Health Foundation: San Bernardino Clinic
Set Free Christian Fellowship	473 W. Baseline Street	(909) 383-2323	Bread give-away Sunday thru Monday 8am-9am. Grocery distribution on Fridays, 8am-11am		Central Neighborhood Health Foundation: San Bernardino Clinic Lestonnac Free Clinic, San Bernardino Clinic
Set Free Muscoy	2180 W. Darby Street	(909) 473-8622	Food Pantry and hot meals Mon. thru Saturday at 8:30am, 12pm and 5pm.		Al-Shifa Clinic, Inc. Central Neighborhood Health Foundation: San Bernardino Clinic
Showers of Blessing Church	166 E. 46th Street	(909) 421-1513	2nd Saturday 11am-1pm		Lestonnac Free Clinic, San Bernardino Clinic ARMC McKee Family Health Center
Spirit of Hope (Highland Ave Lutheran Church)	1820 E. Highland Avenue	(909) 882-2961	Last Tuesday of each month 10am to 12pm.		ARMC McKee Family Health Center Lestonnac Free Clinic, San Bernardino Clinic
St. Johns Episcopal Church	1407 N. Arrowhead Avenue	(909) 889-1195	Grocery distribution every Wednesday 11am-1pm. *Mandatory sign up between 9am and 10am		Central Neighborhood Health Foundation: San Bernardino Clinic Lestonnac Free Clinic, San Bernardino Clinic



San Bernardino County - Food Banks

Temple Community Outreach Center	1777 W. Baseline	(909) 383-9588	Friday 11:30am	Central Neighborhood Health Foundation: San Bernardino Clinic Al-Shifa Clinic, Inc.
The Home of the Neighborly Services	839 N. Mt. Vernon Avenue	(909) 885-3491	Bread give away on Tuesdays after 3pm. Grocery distribution 3rd Thursday of month at 9am.	Central Neighborhood Health Foundation: San Bernardino Clinic Social Action Community Health System, San Bernardino
Rock Church/World Outreach Center	2345 S. Waterman Avenue	(909) 825-8887	Grocery distribution Sunday at 10am and 12pm services *for those that attend. Grocery distribution weekly on Thursdays 8am-10am.	County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino Unicare Community Health Center, Inc., Colton
The Way World Outreach	3701 N. Sierra Way	(909) 884-7117	Saturday 10am	Lestonnac Free Clinic, San Bernardino Clinic Al-Shifa Clinic, Inc.
The Way World Outreach	375 W. 7th Street	(909) 884-7117	Wednesday and Friday at 12pm.	Social Action Community Health System, San Bernardino Central Neighborhood Health Foundation: San Bernardino Clinic
True Vine Training Center	123 N. Mt. View	(909) 708-1796	Hot Meals Sundays 2pm – 3pm. Clothing distribution (same time)	Social Action Community Health System, San Bernardino Social Action Community Health System, Frazee
Boys & Girls Club of San Bernardino	1180 W. 9th Street	(909) 888-6751	Grocery distribution 2nd Tuesday of month from 8am-11am. Must have identification indicating zip code 92411.	Central Neighborhood Health Foundation: San Bernardino Clinic Social Action Community Health System, San Bernardino
Church of the Nazarene	1605 N. Sierra Way	(909) 886-8104	Grocery distribution: Sundays 12pm after services and every Saturday except 1st Saturday of month, 8am-11am. First time need proof of address and Social Security card.	Lestonnac Free Clinic, San Bernardino Clinic Central Neighborhood Health Foundation: San Bernardino Clinic
Church of the Nazarene	903 E. 3rd Street	(909) 886-8104	Grocery distribution: Mon. (10am-11:30am), Wed. (5:30pm-6:30pm) Hot Meals: Wed. (5:30pm-6:30pm)	Social Action Community Health System, Norton Social Action Community Health System, San Bernardino
Delmann Heights Community Center	2969 N. Flores Street	(909) 888-6751	3rd Wed 9am-11am *Need identification showing zip code 92407 or 92408	Al-Shifa Clinic, Inc. Central Neighborhood Health Foundation: San Bernardino Clinic
Ecclesia Christian Fellowship	1314 Date Street	(909) 881-5551	Hot meals Every Wed except 1st Wed. 5pm-6:45pm and grocery distribution 1st Wed 1pm-3pm *Must stay for service. **Need identification.	Lestonnac Free Clinic, San Bernardino Clinic ARMC McKee Family Health Center
Emmerton Elementary	1888 Arden Avenue	(909) 388-6522	3rd Fri 1:30pm-4pm Grocery distribution for San Bernardino and Highland. Need identification with address. 120 baskets on first come, first serve basis. Parent Center on campus	ARMC McKee Family Health Center Lestonnac Free Clinic, San Bernardino Clinic



San Bernardino County - Food Banks

Grace Chapel Operation Grace	1595 E. Art Townsend Drive	(909) 382-8540 (909) 844-4008	4th Tues 9am-12pm *Need to complete an information form	Social Action Community Health System, Norton
				County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino
Greater Cornerstone Church	1604 N. 'G' Street	(909) 886-0095	3rd Tues 10am *Need identification.	Central Neighborhood Health Foundation: San Bernardino Clinic
				Lestonnac Free Clinic, San Bernardino Clinic
Helping Hands Pantry-SACH Norton	1455 E. Third Street	(909) 796-4222	Sun. (8am-11am) Mon.- Fri. (8:30 am-11:30 am) Sat. (1pm - 3pm) USDA on 1st Fri 8am-4pm	Social Action Community Health System, Norton
				County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino
Jefferson Hunt Elementary	1342 Pumalo Street	(909) 881-8178	1st Fri 11:30am * Need address verification (identification or utility bill)	ARMC McKee Family Health Center
				Lestonnac Free Clinic, San Bernardino Clinic
Lytle Creek Recreation Center	380 South 'K' Street	(909) 384-5424	Mon.- Thur. 11:30 am-1 pm Age 63+ donation of \$1.75, Younger guests or seniors \$3.75. *Any child 1-18 is free from 12pm to 1pm.	Social Action Community Health System, Frazee
				Unicare Community Health Center, Inc., San Bernardino
Manna Missionary Baptist Church	2525 Etiwanda Avenue	(951) 712-3135	2nd Tues 10am *Need identification	ARMC Westside Family Health Center
				Unicare Community Health Center, Inc., San Bernardino
Our Lady of Hope	6885 Del Rosa Avenue	(909) 884-6375	Mon.-Wed. (9 am-11 am), 3rd Friday (12 pm-2pm) *Grocery distribution. Must live in city limits, have address verification (Identification or utility bill) Food Pantry on Mon, Tues, Wed. Anyone can access.	ARMC McKee Family Health Center
				Lestonnac Free Clinic, San Bernardino Clinic
Perris Hill Senior Center	780 E. 21st Street	(909) 384-5436	Mon. - Thurs. 11:30 am - 12:30 pm *Age 60+ donation of \$1.75, Younger guests of seniors donation of \$3.75.	Lestonnac Free Clinic, San Bernardino Clinic
				ARMC McKee Family Health Center
San Bernardino High School	1850 N. 'E' Street	(909) 881-8217	3rd Thurs 10am * Distributed in the sports complex. Need identification.	Central Neighborhood Health Foundation: San Bernardino Clinic
				Lestonnac Free Clinic, San Bernardino Clinic
San Bernardino Senior Center	600 W. 5th Street	(909) 384-5430	Mon. - Fri. 11:30 am - 12:30 pm * Age 60+ donation of \$1.75, Younger guests of seniors donation of \$3.75.	Social Action Community Health System, San Bernardino
				Central Neighborhood Health Foundation: San Bernardino Clinic
St. Anthony's Church	1640 Western Avenue	(909) 831-2182	2nd Wed 6pm-8pm, 9pm *Grocery distribution 2nd Wednesday 6pm-8pm. 92407 and 92411. Need identification and proof of address. Bread giveaway Wednesdays at 9pm	Central Neighborhood Health Foundation: San Bernardino Clinic
				Al-Shifa Clinic, Inc.
T.E.L.A.C.U. Sierra Vista	746 W. 5th Street	(909) 888-1336	2nd Wed 1:30pm-5pm *Need identification and proof of income.	Social Action Community Health System, San Bernardino
				Central Neighborhood Health Foundation: San Bernardino Clinic



San Bernardino County - Food Banks

The Salvation Army	746 W. 5th Street	(909) 888-1336	Hot Meals: Sun. - Fri. 5 pm - 5:45 pm *Need to be there by 4:30pm to get a number, Grocery distribution: 2nd and 4th Tues 11:30am **Must be there by 10am		Social Action Community Health System, San Bernardino
					Central Neighborhood Health Foundation: San Bernardino Clinic
Trinity Christian Fellowship	8158 Tippecanoe Avenue	(951) 347-8997	3rd Sat 11am-1pm * Only for residents of San Bernardino. Need identification and proof of residence.		Social Action Community Health System, Norton
					Social Action Community Health System, San Bernardino
Community Action Partnership of San Bernardino County	896 S Tippecanoe Ave, San Bernardino, CA 92415	(909) 723-1500		Youth	County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino
					Social Action Community Health System, Norton
Vermont Elementary School	3695 Vermont Street	(909) 880-6658	1st Thurs 10:30am *Need identification.		Al-Shifa Clinic, Inc.
					Central Neighborhood Health Foundation: San Bernardino Clinic
Foothill Aids Project	670 N. Arrowhead Ave. Ste A-B, San Bernardino, CA 92401	(909) 884-2722	Monthly	Based on eligibility and availability	Social Action Community Health System, San Bernardino
					Social Action Community Health System, Frazee
Feed my Sheep of the High Desert	11616 Hesperia Road, Hesperia, CA 92345	(760) 243-4343	Monday, Wednesday, Friday 10 am - 12 pm		County of San Bernardino Department of Public Health, Public Health Clinics- Hesperia
					Mission City Community Network Victorville #2
Samaritan's Helping Hands	15527 8th Street, Victorville, CA 92395	(760) 243-5933			Mission City Community Network
					Mission City Community Network Victorville #2
The Salvation Army	14585 La Paz Drive, Victorville, CA 92395	(760) 245-2545			Mission City Community Network Victorville #2
					Mission City Community Network
Youth Hope Drop-in Center	1179 West Redlands Blvd., Redlands, CA 92373	(909) 663-4543	-	Youth	Redlands Community Hospital, Redlands Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Family Service Association of Redlands	612 Lawton Street, Redlands, CA92374	(909) 793-2673	Provided on a walk in daily basis for the following hours Monday – 9am-noon, Tuesday 1:30pm-5:30pm, Wednesday 9am-noon and Friday 9am-4pm		Redlands Community Hospital, Redlands Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
Yucaipa Christian Church	12954 Bryant Street, Yucaipa, CA 92399	(909) 797-1108			Redlands Community Hospital, Yucaipa Family Clinic
					County of San Bernardino Department of Public Health, Public Health Clinics- Redlands
29 Palms Food Pantry	6450 Star Dune Ave, Twentynine Palms, CA 92277	(760) 361-3663	Monday - Friday 9:30am-11:30am		Morongo Basin Community Health Center, Twentynine Palms
					Morongo Basin Community Health Center, Yucca Valley



San Bernardino County - Food Banks

The Way Station	61733 Commercial St., Joshua Tree, CA 92252	(760) 366-8088	Tuesday-Friday 9:00AM-1:00PM*** ***Continental breakfast, hot lunch, and food Boxes		Morongo Basin Community Health Center, Yucca Valley
					Morongo Basin Community Health Center, Twentynine Palms
Yucca Valley Family Resource Center	7245 Joshua Lane, Unit A, Yucca Valley, CA 92284	(760) 369-1074			Morongo Basin Community Health Center, Yucca Valley
					Morongo Basin Community Health Center, Twentynine Palms
Hearts and Lives	24028 Lake Drive, Crestline, CA92325	(909) 388-6257			Lestonnac Free Clinic, San Bernardino Clinic
					ARMC McKee Family Health Center
Caring for the Hills	1554 Cecelia Street, Chino Hills, CA 91709	(909) 932-1069	CARING FOR THE HILLS operates five days a week beginning at 7:45am. Tickets for food are handed out from 7:45am to 8:45am. You must have a ticket in order to receive food.		Central City Community Health Center, Norco Health Center
					Parktree Community Health Center, Archibald
Foothill Family Shelter, Inc.	1501 W. 9th Street, Ste D., Upland, CA 91786	(909) 920-0453	Tuesday-Friday 9:00am-5:00pm	homeless families with children	Central City Community Health Center Upland
					Montclair Medical Clinic
Inland Valley Hope Partners SOVA	904 E California Street, Ontario, CA 91761	(909) 391-4882	Monday – Thursday 9:00 a.m. – 3:00 p.m.		County of San Bernardino Department of Public Health, Public Health Clinics- Ontario
					Unicare Community Health Center, Inc., Ontario
CityLink-Water of Life Church	8440 Nuevo Avenue, Fontana, CA 92335	(909) 803-1059			Well of Healing Mobile Medical Clinic: Various
					ARMC Fontana Family Health Center



San Bernardino County - Domestic Violence

Agency	Address	Phone Number	Hours of Operation	Available to:	Member Sites Nearby
DOVES Outreach Center	41943 Big Bear Blvd, Big Bear Lake, CA 92315	Office: (909) 866-1546 Hotline: 1-800-851-7601	9:00 am - 5:00 pm	Women, Children, Teens (Boys & Girls)	County of San Bernardino Department of Public Health, Public Health Clinics- Big Bear Lake
					Lestonnac Free Clinic, San Bernardino Clinic
Desert Sanctuary Inc. - Haley House	703 E. Main Street, Barstow, CA	(760) 256-3733	Monday - Friday 9 am - 5 pm	Individuals and Families	County of San Bernardino Department of Public Health, Public Health Clinics- Barstow
					Mission City Community Network
Family Assistance Program	15075 7th Street, Victorville, CA 92395	(760) 843-0701	8 am - 5 pm		Mission City Community Network
					Mission City Community Network Victorville #2
Lucerne Valley Domestic Violence	P.O Box 2003, Lucerne Valley, CA 92356	(760) 248-2064			Mission City Community Network Victorville #2
					Mission City Community Network
Victor Valley Domestic Violence, Inc.	P.O. Box 2825, Victorville, CA 92395	(760) 955-8723			Mission City Community Network Victorville #2
					County of San Bernardino Department of Public Health, Public Health Clinics- Hesperia

San Bernardino County - Smoking Cessation

Agency	Address	Phone Number	Notes	Member Sites Nearby
American Lung Association	441 MacKay Dr., San Bernardino, CA 92408 www.lung.org	(909) 884-5864 or 1-800-LUNG-USA	<p>ALA "Freedom from Smoking" group cessation classes are available for adults and youth in locations within the County</p> <p>Call the Lung Helpline 1-800-586-4872 to speak with a Tobacco Cessation Specialist</p> <p>"Freedom from Smoking" online classes can also be accessed on the internet at www.lung.org or www.ffsonline.org</p> <p>Cost: Please call for more information</p>	Social Action Community Health System, Frazee
				Unicare Community Health Center, Inc., Colton
Arrowhead Regional Medical Center Quit Clinic	400 N. Pepper Ave., Colton, CA 92324	(909) 580-6167	<p>A series of 3 two-hours sessions each month. First 3 Tuesdays of each month from 2:00pm-4:00pm</p> <p>Group counseling by physicians and nurses</p> <p>Open to the public, but class sizes are limited. Medication treatment available depending on eligibility</p> <p>Cost: FREE classes, medications depending on health insurance</p> <p><i>Patients accepted both with and without insurance</i></p>	Unicare Community Health Center, Inc., Colton
				Community Health Systems, Inc., Bloomington Community Health Center
Beaver Medical Group Health Education Department	1150 Brookside Ave., Suite U, Redlands, CA 92373	(909) 335-4131	<p>Classes held 5 times a year (4 week session, meeting once a week). Mondays at 6:30pm-7:30pm</p> <p>Cost: FREE for members and non-members; non-members must be registered</p> <p>Call or visit www.beavermedicalgroup.com for any additional information</p>	Redlands Community Hospital, Redlands Family Clinic
				County of San Bernardino Department of Public Health, Public Health Clinics-Redlands

San Bernardino County - Smoking Cessation

California Smokers Helpline Smoking Cessation Program	9500 Gilman Drive Suite MC905 La Jolla, CA 92093-0905	Toll Free English (800) 662-8887	Free telephone-based, stop smoking program	Lestonnac Free Clinic , Murrieta Clinic
			<p>Services are available in English, Spanish, Chinese, Korean, and Vietnamese and include telephone counseling, self-help materials, referral to local cessation programs, online help, and a text message program</p> <p>Specialized services are available for teens, pregnant smokers, and tobacco chewers</p> <p>Free nicotine patches are available for qualified callers who are pregnant, have children ages 0 to 5, or who speak Asian languages</p> <p>Hours: Agency Hours: Monday - Friday 7:00am- 9:00pm, Saturday 9:00am-5:00pm</p> <p>Area(s) Served: California</p> <p>Fees: Free services.</p> <p>Eligibility Requirements: The California Smokers' Helpline is only available to California residents.</p>	Lestonnac Free Clinic: Mobile Unit - Various Locations
Center for Health Promotion Loma Linda University	Evans Hall, Room 111, 24785 Stewart St., Loma Linda, CA 92350	(909) 558-4537	One-on-one visits with a physician or preventive care specialist	Redlands Community Hospital, Redlands Family Clinic
			<p>Open to the public</p> <p>Cost: MD visits are billed to insurance</p> <p>Note: Call to make an appointment; individual quit plan based on history of the patient</p>	Unicare Community Health Center, Inc., Colton
Comprehensive Tobacco Treatment Program Loma Linda University Medical Center	11215 Mountain View Ave., Suite 179, Loma Linda, CA 92354	(909) 558-3264	For pregnant smokers, parents and guardians with children aged 0-5	Unicare Community Health Center, Inc., Colton
			<p>Locations in Apple Valley, Barstow, Fontana, Loma Linda, Rialto, San Bernardino, Twentynine Palms, Victorville, & Yucca Valley</p> <p>Cost: Free. Smokers who have already decided to quit are welcomed to attend</p> <p>Note: Earn-while-you-learn infant diapers provided</p>	Redlands Community Hospital, Redlands Family Clinic
County of San Bernardino Department of Public Health	340 North Mountain View Ave., San Bernardino, CA 92415	(800) 782-4264	Self-help materials, resources list; and education information on tobacco cessation, tobacco control laws, and tobacco use prevention and education	Social Action Community Health System, San Bernardino
			<p>Cost: FREE</p> <p>Languages served: English and Spanish</p>	County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino

San Bernardino County - Smoking Cessation

Inland Behavioral and Health Services, Inc.	1963 N. E St., San Bernardino, CA 92404	(909) 881-6146	<p>The Perinatal Care Network (PCN) program offers a smoking cessation to pregnant women who are enrolled in substance abuse treatment</p> <p>Cost: Must be enrolled in substance abuse treatment. Low-cost frees, Medi-Cal accepted</p> <p>Note: Women's Narcotics Anonymous meeting on site</p>	Central Neighborhood Health Foundation: San Bernardino Clinic
				Lestonnac Free Clinic, San Bernardino Clinic
Inland Empire Health Plan Stop Smoking Program	10801 Sixth St., Suite 120, Rancho Cucamonga, CA 91730	1-800-440-IEHP (4347) / TTY 1-800-718-4347	<p>The Stop Smoking Program is available for IEHP members only who are trying to quit tobacco</p> <p>Members are referred to the CA Smokers' Helpline and to Chantix GetQuit (online) for support</p> <p>Prescribed Smoking Cessation Medications are covered for 2 attempts (12 weeks each) per year</p> <p>IEHP members can sign up for the program by calling Member Services</p> <p>Cost: Members only, FREE</p>	Unicare Community Health Center, Inc., Ontario
				County of San Bernardino Department of Public Health, Public Health Clinics-Ontario
Inland Valley Recovery Services San Bernardino	939 N. D St., San Bernardino, CA 92410	(909) 889-6519	<p>Smoking cessation program with series of weekly sessions for 6 weeks</p> <p>Please call the number listed for more detailed information</p> <p>Cost: FREE</p>	Central Neighborhood Health Foundation: San Bernardino Clinic
				Lestonnac Free Clinic, San Bernardino Clinic
Inland Valley Recovery Services Upland	934 N. Mountain Ave., Suites A and B, Upland, CA 91786	(909) 949-4667	<p>Smoking cessation community workshops that meet on Mondays from 9:00am-11:00am; this is a 6-week course</p> <p>For more information, please call the number listed</p> <p>Cost: FREE</p>	Montclair Medical Clinic
				Central City Community Health Center Upland
Kaiser Permanente Freedom from Tobacco/Treatment for Nicotine Addiction Program	17296 Slover Ave., Palm Court I, Fontana, CA 92337	(909) 609-3000	<p>Self-help materials; telephone coaching; and on-line tobacco cessation services; classes: Orientation session and 6-week course, meeting once a week (total of 7 sessions)</p> <p>Program also offered in Spanish</p> <p>Cost: No cost for KP members; \$40 for non-members</p> <p>Note: Non-members do not receive prescription benefits, but may obtain medications from pharmacy</p>	Community Health Systems, Inc., Bloomington Community Health Center
				Well of Healing Mobile Medical Clinic: Various Locations



San Bernardino County - Smoking Cessation

Mental Health Systems	1076 Santo Antonio Dr., Suite B, Colton, CA 92324	(909) 433-9824	Smoking cessation program that meets once a week on Saturdays from 9:00am-10:00am This is a 10 week behavioral change class, no medications provided Cost: FREE	Unicare Community Health Center, Inc., Colton
				ARMC Internal Medicine Primary Care
Mental Health Systems - Yucca Valley Center for Change Rockin' Recovery Center	58945 Business Center Dr., Suite N, Yucca Valley, CA 92284	(760) 369-1074	Smoking cessation program meets on Tuesdays at 2:00pm-3:00pm Cost: FREE	Morongo Basin Community Health Center, Yucca Valley
				Morongo Basin Community Health Center, Twentynine Palms
Molina Healthcare of California (Corporate Office)	200 Oceanside, Long Beach, CA 90802	1-800-526-8196 Member Services 1-800-232-9998 IE Office	Patients are referred to the California Smokers' Helpline" program Cost: Helpline is free, Medications for members only Note: Nicotine Replacement Therapy medications (gum patches, Zyban, Chantix) are prescribed once a certificate of enrollment in the CA Smokers' Helpline is received	Central City Community Health Center, Norco Health Center
				Community Health Systems, Inc., Magnolia Community Health Center
Nicotine Anonymous Support Group Joshua Tree	First Baptist Church 6740 Sunset Rd., Joshua Tree, CA 92252 www.quitnowla.com/meeting-list	(760) 401-6503	12-step support group meetings Mondays at 5:30pm Group support and recovering using the 12 steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine Cost: FREE	Morongo Basin Community Health Center, Yucca Valley
				Morongo Basin Community Health Center, Twentynine Palms
Nicotine Anonymous Support Group Moreno Valley (Riverside County)	Christ Community Church 24594 Sunnymead Blvd., Suite H, Moreno Valley, CA 92553 www.quitnowla.com/meeting-list	Paul: (951) 924-6037 Dave: (951) 616-9631	12-step support group meetings Mondays at 5:45pm Group support and recovering using the 12 steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine Cost: FREE	Community Health Systems, Inc., Moreno Valley Family Health Center
				Community Health Systems, Inc., University Community Center
Nicotine Anonymous Support Group Pomona (Los Angeles County)	First Baptist Church 6740 Sunset Rd., Joshua Tree, CA 92252 www.quitnowla.com/meeting-list	(760) 401-6503	12-step support group meetings Mondays at 5:30pm Group support and recovering using the 12 steps as adapted from Alcoholics Anonymous to achieve abstinence from nicotine Cost: FREE	Morongo Basin Community Health Center, Yucca Valley
				Morongo Basin Community Health Center, Twentynine Palms



San Bernardino County - Smoking Cessation

Norton SAC Clinic Behavioral Health Department	1455 East 3rd St., San Bernardino, CA 92408	(909) 382-7135 (909) 382-7100	Individual sessions; cessation classes Note: Individual sessions only. Classes offered quarterly. Call for a list of stop-smoking locations and services Cost: Sliding-scale fee	Social Action Community Health System, Norton
				County of San Bernardino Department of Public Health, Public Health Clinics- San Bernardino
Rim Family Services	28545 Highway 18, Skyforest, CA 92385	(909) 336-1800	Smoking cessation classes that meet weekly on Thursdays from 6:00pm-7:00pm. This is a 6-week program For more information, please call the number listed. Cost: FREE. Open to the public	Lestonnac Free Clinic, San Bernardino Clinic
				ARMC McKee Family Health Center
San Bernardino Medical Group	1700 N. Waterman Ave., San Bernardino, CA 92415	(909) 883-86-11 ext. 12294	Support groups offered quarterly For people who chew or smoke tobacco out of a pipe All of the written materials that are needed are provided Cost: FREE. Open to the public, even non-residential Note: Support groups and education only, no prescriptions or medications	Lestonnac Free Clinic, San Bernardino Clinic
				Central Neighborhood Health Foundation: San Bernardino Clinic



San Bernardino County - Smoking Cessation

St. John of God Health Care Services Smoking Cessation Program	15534 6th St., Victorville, CA 92395	(760) 952-9192	Smoking cessation class meets once a month, times and dates will vary Please call the number listed for more information Cost: FREE. Open to the public	Mission City Community Network
				Mission City Community Network Victorville #2
VA Loma Linda Medical Center Stop Smoking Class	11201 Benton Rd., Loma Linda, CA 92357	(909) 825-7084 ext. 1869	A new class begins the first week of each month, a 4-week course Tuesdays from 1:00pm-3:00pm or Wednesdays from 8:00am-10:00am Service for all eligible veterans who want to stop using tobacco/smoking Cost: Usually covered by post-military insurance Note: Meeting room is the 1st Floor Chapel. Veterans are welcomed to bring along spouses/friends/family for support and education	Unicare Community Health Center, Inc., Colton
				Redlands Community Hospital, Redlands Family Clinic
VJ Sleight, Tobacco Treatment Specialist	P.O. Box 5487, La Quinta, CA 92253	(760) 333-1270	Individual and group behavior modification, and cognitive therapy classes Individual classes include a 1 hour consultation. 6-week group classes can be held in other areas. Call for upcoming scheduled group classes Also sites available in Riverside, Coachella Valley and High Desert Cost: \$100	Central City Community Health Center, Indio Health Center
				Desert Aids Project