



## Riverside County - Homeless Shelters

	Address	Phone Number	Hours of Operation	Available to:	Member Sites Nearby
Operation SafeHouse - SafeHouse of Riverside	9685 Hayes St, Riverside, CA 92503	(951) 351-4418	24 hours	Youth aged 11-17	Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Path of Life - Community Shelter Program	2840 Hulen Place, Riverside, CA 92507	(951) 683-4101	4:00 pm-8:30 am. Initial intake and screening Mon, Wed, Fri at 1:00 pm	Men & Women	Community Health Systems, Inc., University Community Center
					Unicare Community Health Center, Inc., Colton
Path of Life - Family Shelter Program	2530 Third Street, Riverside, CA 92507	(951) 275-8755	4:00 pm -7:45 am	Families	Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Magnolia Community Health Center
Corona-Norco Settlement House	507 South Vicentia Avenue, Corona, CA 92882	(951) 737-3504	Mon. - Fri. 10 am - 5 pm, Sat. 8:30 am - 2:30 pm	Families & Individuals	Central City Community Health Center, Norco Health Center
					Community Health Systems, Inc., Magnolia Community Health Center
Community Outreach Ministry	23905 Clinton Keith Suite 114 #116 Wildomar, CA 92595	(951) 698-7650			Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
Lutheran Social Services	3772 Taft Street Riverside, CA 92503	(951) 689-7847			Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
American Red Cross	6235 River Crest Drive, Suite A, Riverside, CA 92507	(951) 328-0013			Community Health Systems, Inc., Moreno Valley Family Health Center
					Community Health Systems, Inc., University Community Center
Housing Authority of the County of Riverside	5555 Arlington Avenue, Riverside, CA 92504	(951) 351-0700	8 am - 5 pm		Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Riverside County Department of Mental Health	1405 Spruce Street Riverside, CA 92507	(951) 715-5050			Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Moreno Valley Family Health Center
United States Veterans Initiative dba U.S. VETS	15105 6th Street March Air Reserve Base, CA 92518	(951) 999-9120	8am - 5 pm		Community Health Systems, Inc., Moreno Valley Family Health Center
					Community Health Systems, Inc., University Community Center
Alternative to Domestic Violence	P.O. Box 910, Riverside CA 92502	(951) 320-1370	9 am - 7 pm		Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Magnolia Community Health Center
Foothill Aids Project	5750 Division St. #101, 102, Riverside, CA 92506	(951) 742-7660			Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Magnolia Community Health Center



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Valley Restart Shelter	200 E Menlo Ave, Hemet, CA 92543	(951) 766-7476	9 am - 5 pm		Lestonnac Free Clinic: Mobile Unit - Various Locations
					Lestonnac Free Clinic , Murrieta Clinic
Coachella Valley Rescue Mission	47470 Van Buren St., Indio, CA 92201	(760) 347-3512	7 am - 5 pm		Central City Community Health Center, Indio Health Center
					Morongo Basin Community Health Center, Yucca Valley
Shelter From The Storm, Inc.	73550 Alessandro Dr #103, Palm Desert, CA 92260	(760) 674-0400	8 am - 5 pm		Central City Community Health Center, Indio Health Center
					Morongo Basin Community Health Center, Yucca Valley
Food In Need Of Distribution, Inc. (d.b.a. FIND Food Bank)	83-775 Citrus Ave/ P.O. Box 10080, Indio, CA 92201	(760) 775-3663	8 am - 4:30 pm		Central City Community Health Center, Indio Health Center
					Morongo Basin Community Health Center, Yucca Valley
Housing Authority of the County of Riverside	44199 Monroe, Suite B, Indio, CA 92201	(760) 863-2828	Mon. - Fri. 8 am - 5 pm		Central City Community Health Center, Indio Health Center
					Morongo Basin Community Health Center, Yucca Valley
Path of Life Ministries	23701 Meyer Dr; Moreno Valley, CA 92518	(951) 697-0963		Families with children, Single Parents children, Single women	Lestonnac Free Clinic: Mobile Unit - Various Locations
					Community Health Systems, Inc., Moreno Valley Family Health Center
Prayer Warriors Enhancement Team	24490 Sunnymead Blvd., Suite 107, Moreno Valley, CA 92553	(951) 616-1628	9:00 am - 5:30 pm		Community Health Systems, Inc., Moreno Valley Family Health Center
					Community Health Systems, Inc., University Community Center
Safe House of the Desert	72710 E. Lynn St., Thousand Palms, CA 92276	(760) 674-0400		Teens and Young Adults	Desert Aids Project
					Central City Community Health Center, Indio Health Center
Inspire Life Skills Training	2279 Eagle Glen Parkway, Ste 112, Corona, CA 92883	(951) 316-0011		Foster Youth	Central City Community Health Center, Norco Health Center
					Community Health Systems, Inc., Magnolia Community Health Center



## Riverside County - Food Banks

Agency	Address	Phone Number	Hours of Operation	Available to: Men, Women, Youth, Children, Boys, Girls, Families	Member Sites Nearby
Arlington Temporary Assistance	9000 Arlington Ave., Suite 112, Riverside, CA 92503	(951) 689-5620	Monday thru Friday 9:00am till 2:00pm *Phone or walk-in with Picture ID, social security, proof of income and address verification.		Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Catholic Charities of San Bernardino/ Riverside -Arlington	7209 Arlington Avenue, Suite C, Riverside, CA 92503	(909) 388-1239	Mon.-Fri 8:30 am-12 pm, 1 pm-4:30 pm		Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Circle of Care	33122 Grape Street, Wildomar, CA 92595	951-973-3582	Tuesday 11:00am		Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
Housing Authority of the County of Riverside	5555 Arlington Ave, Riverside, CA 92504	951-351-0700	Mon. - Fri. 8 am to 5 pm		Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Operation SafeHouse	9685 Hayes Street, Riverside, CA 92503	951-351-4418	24/7	Youth	Community Health Systems, Inc., Magnolia Community Health Center
					Community Health Systems, Inc., University Community Center
Riverside County Department of Mental Health	1405 Spruce St. Suite A, Riverside, CA 92507	951-715-5050	Mon. - Fri. 8 am - 5 pm		Community Health Systems, Inc., University Community Center
					Unicare Community Health Center, Inc., Colton
The Salvation Army-Murrieta	40270 Los Alamos Rd., Murrieta, CA 92562	951-667-1324	Mon. - Sun.		Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
The Salvation Army-Riverside	3695 1st Street, Riverside, CA 92501	951-784-4490	Sunday		Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Magnolia Community Health Center
United States Veterans Initiative dba U.S. VETS	15105 6th Street, MARB, CA 92518	951-999-9120	Mon. - Fri. 8 am - 5 pm		Community Health Systems, Inc., Moreno Valley Family Health Center
					Community Health Systems, Inc., University Community Center
Alternative to Domestic Violence	P.O. Box 910 (4150 Latham St, Building A, Riverside, CA 92501)	951-320-1370	Mon. - Fri. 9 am - 7 pm	Women and Children	Community Health Systems, Inc., University Community Center
					Community Health Systems, Inc., Magnolia Community Health Center
Catholic Charities of SB/Riverside -Mission	5473 Mission Blvd, Riverside 92509	951-689-1803	Mon. - Thur. 9 am - 12 pm, 1 pm - 4 pm		Community Health Systems, Inc., University Community Center
			Fri. 9 am - 12 pm		Community Health Systems, Inc., Magnolia Community Health Center
Catholic Charities of SB/Riverside - Hemet	780 S. State Street, Hemet, CA 92543	951-924-9964	Mon. - Thur. 8:30 am - 12 pm	Fri.	Lestonnac Free Clinic , Murrieta Clinic
			8:30 am - 12 pm		Lestonnac Free Clinic: Mobile Unit - Various Locations
Catholic Charities of SB/Riverside - Temecula	41875 C Street, Ste L-5, Temecula, CA 92592	951-924-9964	Mon. - Fri.		Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
Community Food Pantry of Murrieta	38444 Sky Canyon Dr. #190, Murrieta, CA 92563	951-677-6347	Tue. - Sat. 9 am - 5 pm		Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
Idyllwild HELP Center	26330 State Highway 243, Idyllwild, CA 92549	951-659-2110	Tue. - Wed. 10 am - 12 pm, 1 pm - 4 pm		Lestonnac Free Clinic , Murrieta Clinic
			Thur. 1 pm - 3 pm, 10 pm - 12 am Fri. 12 am -12 pm		Lestonnac Free Clinic: Mobile Unit - Various Locations



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Valley Restart Shelter	200 E Menlo, Hemet, CA 92543	951-766-7476	Mon. - Fri. 9 am - 5 pm		Lestonnac Free Clinic , Murrieta Clinic
					Lestonnac Free Clinic: Mobile Unit - Various Locations
Blythe Harmony Kitchen	219 South Main Street, Blythe, CA 92225	760-921-4508	Mon. - Fri. 10 am - 12 pm		Central City Community Health Center, Indio Health Center
					Tri State Community Healthcare Center
Catholic Charities of SB/Riverside - Indio	81-626 Highway 111, Indio, CA 92201	760-342-0157			Central City Community Health Center, Indio Health Center
					Lestonnac Free Clinic , Murrieta Clinic
Catholic Charities of SB/Riverside	68633 "C" Street, Cathedral City, CA 92234	760-342-0157			Central City Community Health Center, Indio Health Center
					Desert Aids Project
Coachella Valley Rescue Mission	47470 Van Buren, Indio, CA 92201	760-347-3512	Mon. - Sun. 6 am - 5 pm		Central City Community Health Center, Indio Health Center
					Desert Aids Project
Colorado River Senior Center	HCR 20 Box 3408 (Hidden Valley Road, Blythe, CA 92225)	760-922-6133	1st Wednesday of each month between 10:00am - 11:00am. Lunch is served between 11:30am - 12:30pm for a \$3.00 charge.	55+	Tri State Community Healthcare Center
					County of San Bernardino Department of Public Health, Public Health Clinics- Needles
Desert AIDS Project, Inc.	1695 N. Sunrise way, Palm Springs, CA 92262	760-323-2118			Desert Aids Project
					Central City Community Health Center, Indio Health Center
Desert Arc	73255 Country Club Drive, Palm Desert, CA 92260	760-346-1611			Central City Community Health Center, Indio Health Center
					Desert Aids Project
Food In Need Of Distribution, Inc. (d.b.a. FIND Food Bank)	83-775 Citrus Ave/ P.O. Box 10080, Indio, CA 92202	760-775-3663	Mon. - Fri. 8 am - 4:30 pm		Central City Community Health Center, Indio Health Center
					Desert Aids Project
Galilee Center	66-101 Hammond Road, Mecca, CA 92254	760-396-9100	Mon. - Sat. 9 am -5 pm		Central City Community Health Center, Indio Health Center
					Desert Aids Project



## Riverside County - Food Banks

Jewish Family Service of San Diego	19531 McLane St., North Palm Springs, CA 92258	760-676-5200			Desert Aids Project Central City Community Health Center, Indio Health Center
Jewish Family Service of the Desert	490 South Farrell Drive, Suite C-208 Palm Springs, CA 92262	760-325-4088			Desert Aids Project Central City Community Health Center, Indio Health Center
Martha's Village and Kitchen, Inc.	83791 Date Avenue, Indio, CA 92201	760-347-4741	Mon. - Fri. 8 am - 5 pm	Children & Adults	Central City Community Health Center, Indio Health Center Desert Aids Project
Catholic Charities of SB/Riverside - Moreno Valley	23623 Sunny mead Blvd. Suite E, Moreno Valley, CA 92553	951-924-9964	Mon. - Thur. 8:30 am - 12 p, 1 pm - 4:30 Fri. 8:30 am - 12 pm		Community Health Systems, Inc., Moreno Valley Family Health Center Community Health Systems, Inc., University Community Center
Circle of Care	206090 Ynez Rd, Temecula, 92591	951-973-3582	Thurs. 12 pm		Lestonnac Free Clinic, Murrieta Clinic Lestonnac Free Clinic: Mobile Unit - Various Locations
Menifee Valley Community Cupboard	26808 Cherry Hills Blvd, Menifee, CA 92586	951-672-3078	Mon. - Sat. 9 am - 5 pm		Lestonnac Free Clinic, Murrieta Clinic Lestonnac Free Clinic: Mobile Unit - Various Locations
Prayer Warriors Enhancement Team	24490 Sunnymead Blvd., Suite 107, Moreno Valley, CA 92553	951-616-1628	Mon. - Fri. 9 am - 5:30 pm		Community Health Systems, Inc., Moreno Valley Family Health Center Community Health Systems, Inc., University Community Center
Valley Restart Shelter	200 E. Menlo, Hemet, CA 92543	951-766-7476	Mon. - Fri. 9 am - 5 pm		Lestonnac Free Clinic, Murrieta Clinic Lestonnac Free Clinic: Mobile Unit - Various Locations
Temecula Community Pantry	28992 Pujol Street, Temecula, CA 92590	951-676-8022	Mon., Wed., Fri. 10 am - 12 pm		Lestonnac Free Clinic, Murrieta Clinic Lestonnac Free Clinic: Mobile Unit - Various Locations



## Riverside County - Domestic Violence

Agency	Address	Phone Number	Hours of Operation	Available to:	Member Sites Nearby
Alternative to Domestic Violence	P.O. Box 910, Riverside, CA 92502	951-320-1370			Community Health Systems, Inc, University Community Center
					Community Health Systems, Inc, Magnolia Community Health Center
Operation SafeHouse	9685 Hayes Street, Riverside, CA 92503	951-351-4418			Community Health Systems, Inc, Magnolia Community Health Center
					Community Health Systems, Inc, University Community Center



## Riverside County - Smoking Cessation

Agency	Address	Phone Number	Notes	Member Sites Nearby
American Cancer Society Smoking Cessation Programs Palm Desert	73-161 Fred Waring Drive Suite 100 Palm Desert, CA 92260	(760) 568-2691 Toll Free 24 Hours (800) 227-2345	Fresh Start Plus-group support group.	Central City Community Health Center, Indio Health Center
				Desert Aids Project
American Cancer Society Smoking Cessation Programs Riverside	1240 Palmyrita, STE A Riverside, CA 92507	(951) 683-6415 Toll Free (800) 227-2345	Information; referrals; self-help materials; healthcare worker trainings. Cost: Free.	Community Health Systems, Inc, University Community Center
				Unicare Community Health Center, Inc, Colton
American Lung Association	<a href="http://www.lung.org/stop-smoking/">http://www.lung.org/stop-smoking/</a>	(909) 884-5864 1-800-LUNG-USA	Ongoing Freedom from Smoking group classes for behavior modification Online classes: Basic is free; Premium (includes certificate) is \$15 for 3 months; \$40 for 1 year. Call/visit website for more information. Cost: Depending on class	
Beaver Medical Group Health Education Department	2 W. Fern Redlands, CA 92373	(909) 335-4131	Classes held 5 times a year (4 week session, meeting once a week). Mondays at 6:30pm-7:30pm at the Redlands Main Clinic, Conference Room A. Cost: FREE for members and non-members; non-members must be registered Call or visit <a href="http://www.beavermedicalgroup.com">www.beavermedicalgroup.com</a> for any additional information	Redlands Community Hospital, Redlands Family Clinic
				County of San Bernardino Department of Public Health, Public Health Clinics- Redlands



## Riverside County - Smoking Cessation

<p>California Smokers Helpline Smoking Cessation Program</p>	<p>9500 Gilman Drive Suite MC905 La Jolla, CA 92093-0905</p>	<p>Toll Free English (800) 662-8887</p>	<p>Free telephone-based, stop smoking program</p> <p>Services are available in English, Spanish, Chinese, Korean, and Vietnamese and include telephone counseling, self-help materials, referral to local cessation programs, online help, and a text message program</p> <p>Specialized services are available for teens, pregnant smokers, and tobacco chewers</p> <p>Free nicotine patches are available for qualified callers who are pregnant, have children ages 0 to 5, or who speak Asian languages</p> <p>Hours: Agency Hours: Monday - Friday 7:00am- 9:00pm, Saturday 9:00am-5:00pm</p> <p>Area(s) Served: California</p> <p>Fees: Free services.</p> <p>Eligibility Requirements: The California Smokers' Helpline is only available to California residents.</p>	<p>Lestonnac Free Clinic , Murrieta Clinic</p> <p>Lestonnac Free Clinic: Mobile Unit - Various Locations</p>
<p>Cernie Institute</p>	<p>3769 Tibbetts Street Riverside, CA 92506</p>	<p>(951) 781-0282</p>	<p>Hynotherapy</p> <p>Cost: \$250; Private Group Sessions \$59/person</p> <p>Languages Served: English &amp; Spanish</p>	<p>Community Health Systems, Inc, Magnolia Community Health Center</p> <p>Community Health Systems, Inc, University Community Center</p>
<p>Cleaning the Air Riverside County Regional Medical Center</p>	<p>26250 Cactus Ave. Moreno Valley, CA 92555</p>	<p>(951) 486-4850</p>	<p>Smoking Cessation help</p> <p>Cost: Free</p> <p>Languages Served: English and Spanish</p> <p>Gender Served: All</p> <p>Ages: All</p>	<p>Community Health Systems, Inc, Moreno Valley Family Health Center</p> <p>Community Health Systems, Inc, University Community Center</p>
<p>Kaiser Permanente</p>	<p>2055 Kellogg Ave., Corona, CA 92879 <a href="http://www.kp.org/quitsmoking">www.kp.org/quitsmoking</a></p>	<p>1(866) 883-0119</p>	<p>Offers self-help materials, telephone coaching, group classes and online tobacco cessation services to Kaiser Permanente members.</p> <p>Group classes may also available to non-members, however, priority is given to Kaiser Permanente members.</p> <p>Cost: Free for members; \$55 for non-members.</p>	<p>Central City Community Health Center, Norco Health Center</p> <p>Community Health Systems, Inc, Magnolia Community Health Center</p>
<p>Lucy Curci Cancer Center</p>	<p>39000 Bob Hope Dr., Rancho Mirage, CA 92270</p>	<p>(760) 674-3602</p>	<p>Stop Smoking 6-week program; Stay Quit Program</p> <p>Cost: Fee-for-service</p>	<p>Central City Community Health Center, Indio Health Center</p> <p>Desert Aids Project</p>





## Riverside County - Smoking Cessation

Mobile Service Cessation Support	<a href="http://smokefree.gov/smokefreetxt/">http://smokefree.gov/smokefreetxt/</a>		<p>24/7 support, encouragement, advice, and tips</p> <p>Text word QUIT to IQUIT (47848) from mobile phone, answer some questions, and start receiving texts.</p> <p>Sign up online at <a href="http://www.smokefree.gov/smokefreetxt/">www.smokefree.gov/smokefreetxt/</a></p> <p>Cost: Message and data rates may apply; no additional fee for service</p>	
Nicotine Anonymous	<a href="http://www.nicotine-anonymous.org/index.php">http://www.nicotine-anonymous.org/index.php</a>	(877) 879-6422	<p>12 step support and recovery program for the achievement of nicotine abstinence. Check website for local, online, or phone meeting availability.</p> <p>Cost: Free</p>	
OM Acupuncture Medical Clinic	9901 Indiana Ave. #101, Riverside, CA 92503	(951) 343-2848	<p>Smoking cessation through acupuncture</p> <p>Cost: First visit \$70; \$60 for additional visits</p>	Community Health Systems, Inc, Magnolia Community Health Center
Riverside Medical Clinic	7150 Brockton Ave., Riverside, CA 92506	(951) 782-6236	<p>Ongoing smoking cessation classes. Call for dates.</p> <p>Cost: Free</p>	Community Health Systems, Inc, Magnolia Community Health Center Community Health Systems, Inc, University Community Center