



Holistic Healthcare: Empowering Healthier Communities

Josh Morgan, PsyD

National Director of Behavioral Health
and Whole Person Care

SAS



Think about complexity of living with multiple, chronic conditions

Behavioral Health:

- Depression
- Anxiety Disorders
- Mood Disorders
- Suicidal ideation
- Schizoaffective or Schizophrenia, Paranoid Schizophrenia
- Personality Disorders: Bi-polar, Borderline, Non-specific
- Complex PTSD
- OCD
- Self-harm
- Autism
- Substance Misuse

Physical Health:

- Heart problems
- Hypertension
- Tachycardia
- Diabetes
- Hypo-Hyper glyceimic
- Thyroid problems
- Kidney/liver damage
- Collateral organ damage
- Dental problems
- HIV
- Seizure disorder
- Auto-immune Disorder

In combination with poverty
and potential homelessness

CAN WE LIVE LONGER?

Integrated Healthcare's Promise



SAMHSA-HRSA
Center for Integrated Health Solutions

**NATIONAL COUNCIL
FOR BEHAVIORAL HEALTH**
MENTAL HEALTH FIRST AID
Healthy Minds. Strong Communities.

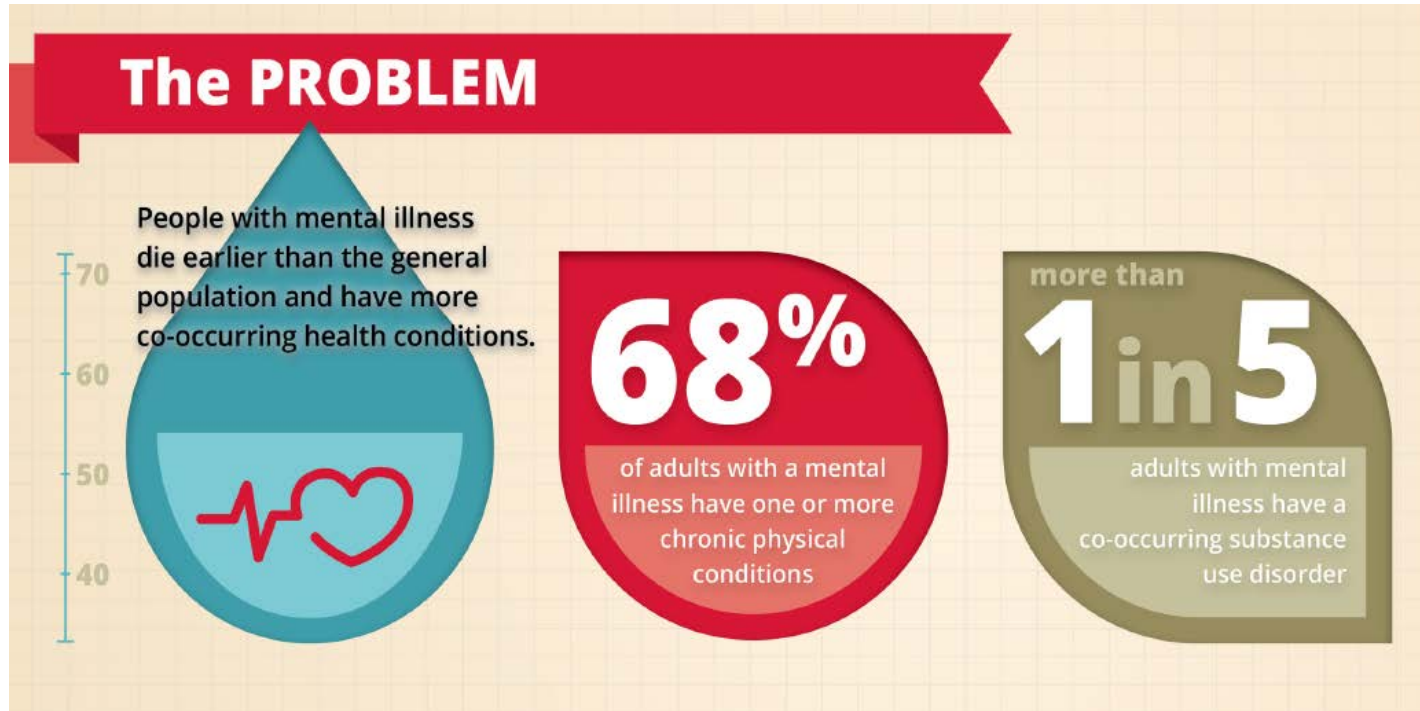
SAMHSA
Substance Abuse and Mental Health Services Administration
www.samhsa.gov 1-877-SAMHSA-7 (1-877-726-4727)

www.integration.samhsa.gov

Mortality

People with severe mental illness are 3.5 times more likely to die than the general population and are losing an estimated 28.5 years of life.

Source: "Premature Mortality Among Adults with Schizophrenia in the United States." [JAMA Psychiatry](#). 2015 Dec;72(12):1172-81. doi: 10.1001/jamapsychiatry.2015.1737.



Whole Person What?

- BHI/CCI
- Whole Person Health
- Whole Person Care
- Population Health
- Integrated Care
- Integrated Delivery Networks
- Health Homes
- Holistic Care
- Care Coordination
- Health/Care Navigation

- Caring for an individual in a more person-centered, holistic way, including:

- Physical health
- Behavioral health
- Social determinants
- Social services
- Housing
- Engagement/activation into care

Goals:

Right care, right place, right time, right price

We must redefine and reconceptualize:

- *Health* to be more holistic by including social determinants, strengths and non-health outcomes.
- *Treatment compliance* as *treatment adherence*, becoming more person-centered, recognizing the legitimate barriers to care and focusing on the health system's role in treatment activation.
- *Value* and *return on investment* to include multiple health and non-health systems as well as the human impact of all services (strengths-based performance outcomes) on individual lives and the community.

Be Curious

DATA



ANALYTICS

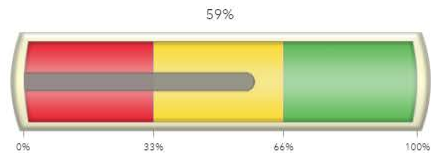


VALUE

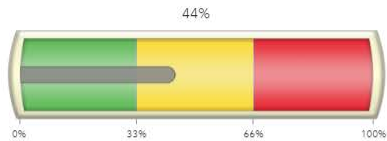


Provider Name

7 Day Follow Up to Hospitalization



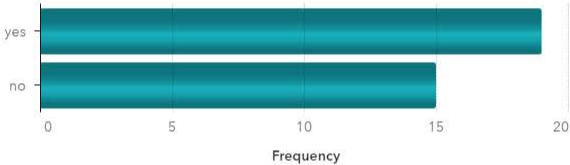
30 Day Readmission



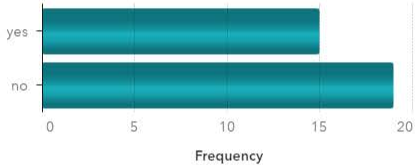
Dashboard of Key Performance Indicators Against Baseline



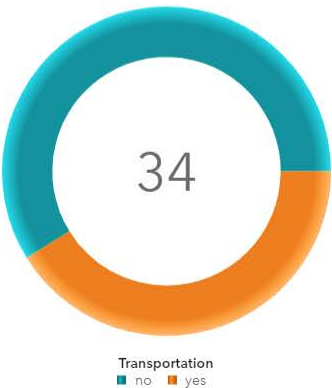
7 Day Follow Up to Hospitalization



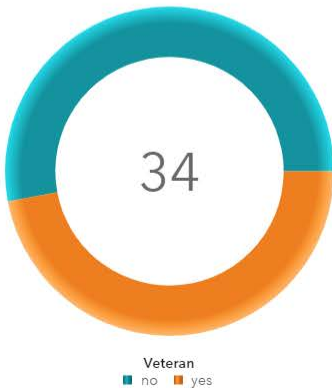
30 Day Readmission



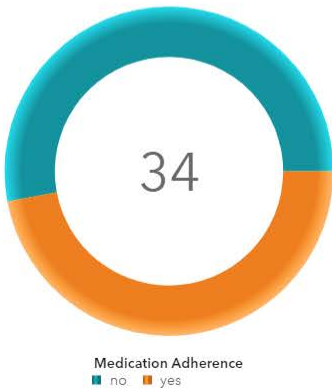
Transportation Needs



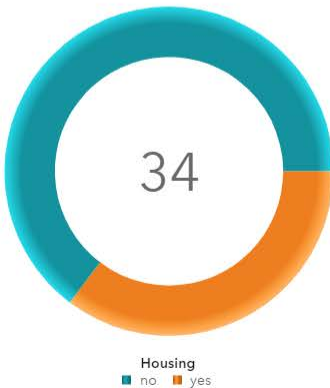
Veteran

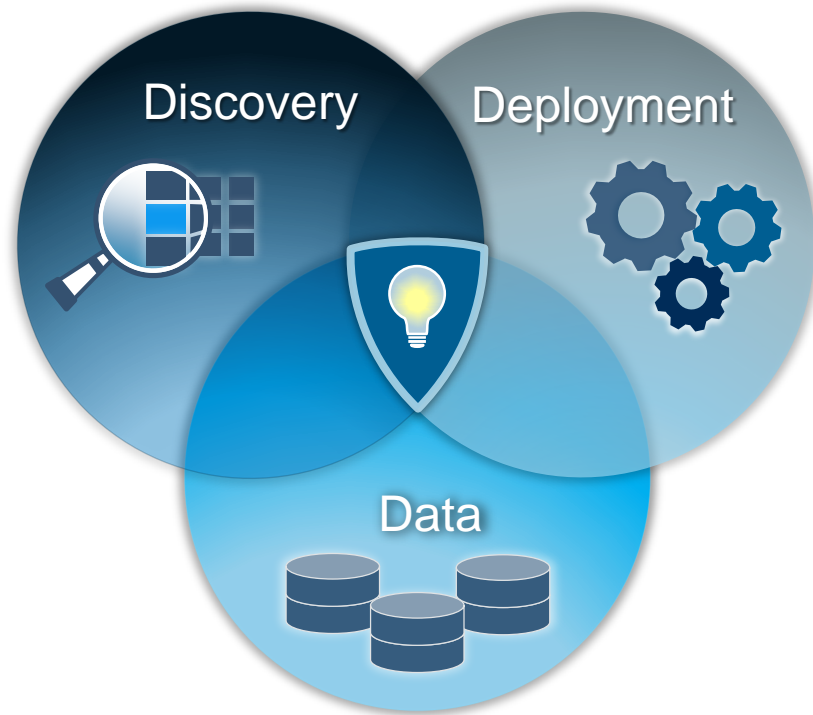


Medication Adherence

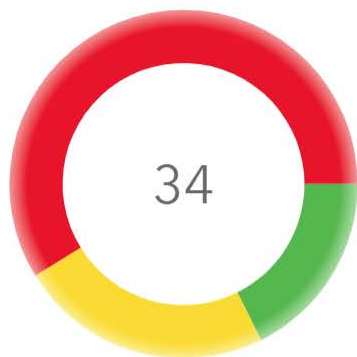


Housing Needs





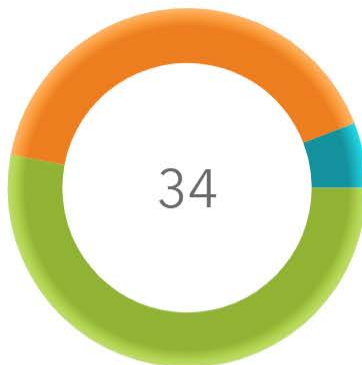
Frequency



Risk Group
■ Low ■ Medium ■ High

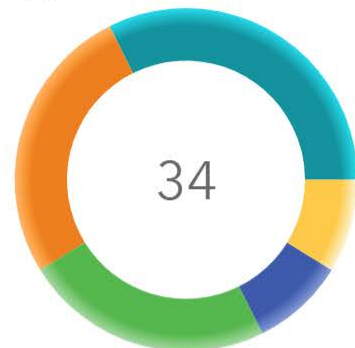
◀ Risk Groups Risk Percentiles ▶

Chronic Conditions



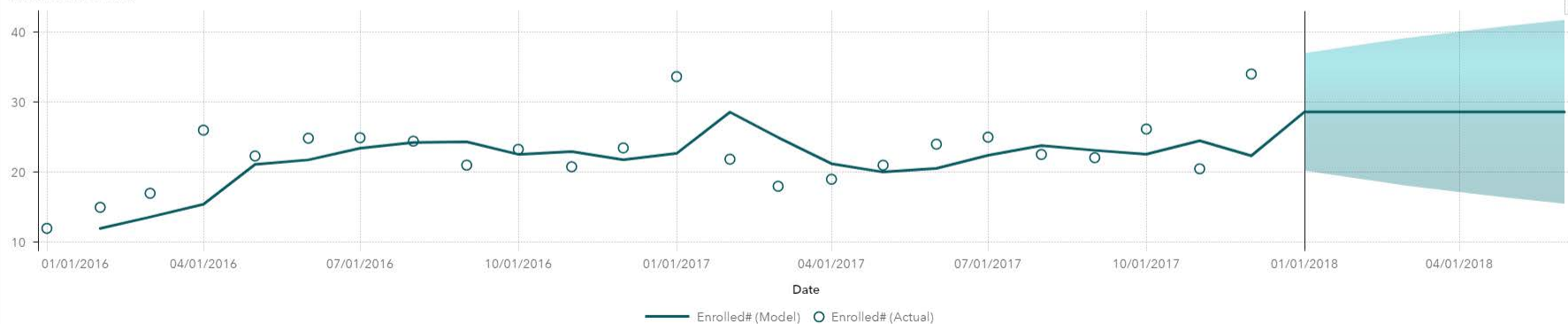
Chronic Conditions
■ >5 ■ 1 ■ 2-5

Medicaid Category



Waivers
■ Medically Needy ■ Aged, Blind, Disabled ■ Other
■ Expansion ■ Low Income Families


Enrollment Trend



► About this forecast

◀ Forecast Outreach ▶





Joshua Morgan, PsyD
National Director of Behavioral Health
and Whole Person Care
Josh.Morgan@sas.com



[@DrJosh](https://twitter.com/DrJosh)



linkedin.com/in/drjoshm

sas.com