

# COVID-19 MOLINA MEMBER INFORMATION

## General Questions

### What is COVID-19?

COVID-19 is a new strain of coronavirus that's infected hundreds of thousands of people.

### What are the symptoms of COVID-19?

Mild symptoms are fever, cough and shortness of breath. Severe symptoms include lung infection (pneumonia), kidney failure, and even death—infants, older adults, and people with heart and lung disease or weakened immune systems are at higher risk for these.

### How is COVID-19 spread?

It is thought to be spread when an infected person coughs or sneezes fluid droplets from their lungs into the air, and through physical contact like touching or shaking hands.

## Protect yourself and others

Though there is no vaccine for this virus, you may reduce your risk by:

- Washing your hands often
- Avoiding touching your face
- Coughing or sneezing into your elbow or a tissue, then throwing the tissue away
- Staying away from people who are or may be sick

If you have cold-like symptoms, talk to your employer about staying home while you're sick.



[MolinaHealthcare.com](http://MolinaHealthcare.com)



Your Extended Family.

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## **What should you do if you suspect you or someone else has COVID-19?**

Although there is no treatment for coronavirus, these actions may help if you are mildly sick:

- Take pain and fever reducing medications such as Tylenol (acetaminophen) or Motrin (ibuprofen) NOTE: do not give aspirin to children.
- Drink plenty of liquids
- Stay home and rest
- Use the Molina Nurse Advise Line to discuss your symptoms and treatment options
- Consider a telemedicine visit if you are not very ill (as long your plan covers this benefit)
- If you are concerned about your symptoms, **contact your local health care provider**

## **Who should be tested for COVID-19?**

- The Centers for Disease Control (CDC) recommends anyone who has COVID-19 symptoms, is returning from a high risk place, or has been in contact with someone who may have the virus within the last 14 days should be tested.

## **Does Molina cover testing for COVID-19?**

- Yes. As long as you meet the guidelines for testing and have a doctor's order, this testing can be done in any approved laboratory location at no cost to you.

## **What about my regular prescriptions?**

- Unless your doctor disagrees, you can receive a 90-day supply of your medications, get refills early, and get free home delivery of your prescriptions.



**Do you have questions?  
Call Member Services (888) 665-4621**

