

ONLINE EDUCATION PROGRAMS

Presented by the Alzheimer's Association®

June 2021



Healthy Living for Your Brain and Body

Thursday, June 24, 11-12:30 PM PST | [Register](#)

10 Warning Signs of Alzheimer's

Wednesday, June 9, 1-2 PM PST | [Register](#)

Friday, June 18, 10-11:30 AM PST | [Register](#)

Understanding Alzheimer's and Dementia

Wednesday, June 2, 5:30-6:30 PM PST | [Register](#)

Friday, June 25, 10-11:30 AM PST | [Register](#)

Effective Communication Strategies

Wednesday, June 16, 5:30-6:30 PM PST | [Register](#)

Thursday, June 24, 10-12 PM PST | [Register](#)

Understanding and Responding to Dementia Related Behavior

Thursday, June 10, 3-4 PM PST | [Register](#)

Tuesday, June 15, 10-11 AM PST | [Register](#)

Living with Alzheimer's: Middle Stage (3 Part Series)

Registration and attendance for all three requested.

Tuesday, June 15, 1-2:30 PM PST | [Register](#)

Tuesday, June 22, 1-2:30 PM PST | [Register](#)

Tuesday, June 29, 1-2:30 PM PST | [Register](#)

Living with Alzheimer's: Late Stage (2 Part Series)

Registration and attendance for both requested.

Thursday, June 10, 10-12 PM PST | [Register](#)

Thursday, June 17, 10-12 PM PST | [Register](#)

Advancing the Science: The Latest in Alzheimer's and Dementia Research

Wednesday, June 16, 11-12 PM PST | [Register](#)

Savvy Caregiver Series

A six week series every Wednesday;

Starting May 26 – June 30, 10-12 PM PST

This six week class is designed to equip family members and caregivers of people living with

Alzheimer's or other dementia gain a better

understanding of the disease, develop skills to

assess abilities and manage the day-to-day care of the person living with dementia and more.

Please call Michelle Quiroga-Diaz at 818-446-1687 to register.

Clases en Español

[Regístrese aquí](#)

Cuerpo y Cerebro Sano es Vida Sana: Consejos de las Últimas Investigaciones

Viernes, 4 de junio, 11 -12 PM PST

Información para Entender la Enfermedad de Alzheimer y la Demencia

Jueves, 17 de junio, 5-6 PM PST

Viviendo con Alzheimer's Cuando el Diagnóstico es a Etapa Media

Miércoles, 9 de junio, 6-8 PM PST

Viernes, 18 de junio, 6-8 PM PST

Miércoles, 23 de junio, 6-8 PM PST



Thursday, June 10, 17, & 24
at 1:00 PM PST

TUNE IN AT [FACEBOOK.COM/SOICALZ](https://www.facebook.com/SOICALZ)

TO REGISTER OR LEARN MORE, PLEASE CALL
800.272.3900 OR ONLINE AT [ALZ.ORG/CRF](https://www.alz.org/crf)

JOIN US ONLINE SUPPORT GROUPS

Presented by the Alzheimer's Association®

June 2021



Support Groups for Caregivers

First & Third **Monday** of the month, 5:30-7 PM PST
Last **Monday** of the month, 7-9 PM PST
Second **Tuesday** of the month, 7-9 PM PST
Second **Wednesday** of the month, 5-6 PM PST
Second, Third, & Fourth **Wednesday**, 10-12 PM PST
Third **Wednesday** of the month, 10:30-12 PM PST
Second **Thursday** of the month, 2:30-4 PM PST
Second **Thursday** of the month, 5:30-6:30 PM PST
Third **Thursday** of the month, 10-11:30 AM PST
Fourth **Thursday** of the month, 6-7:30 PM PST
First **Friday** of the month, 9-10 AM PST
Second **Friday** of the month, 9:30-10:30 AM PST
Third **Saturday** of the month, 10-11:30 AM PST
To join a support group, please call **800.272.3900**

Early Stage of Memory Loss Support Group

First and Third **Tuesday** in June, 10-11:30 AM PST
To register, please contact Michelle Quiroga-Diaz at
(818) 446-1687 or mquirogadiaz@alz.org

Grupos de Apoyo en Español

Martes, 8 y 22 de junio, 1-2:30 PM PST

Para registrarse para el Grupo de Apoyo
Teléfono, comuníquese con Linda Loera al
(213) 220-0713 o lloera@alz.org.

Early Stage Social Engagement

Join us for free virtual social activities and connect
with others living with early memory loss.
Care partners welcome!

• **Alz Explorer**

Wednesday, June 2, 9, 16, 23, & 30 at 3-4 PM PST
Join Alz Explorer for different virtual activities such
as master gardening, magic, cooking, road trips and
much more. RSVP with Jennifer Zuckerman at
(760) 996-0006 or email jzuckerman@alz.org

• **Hammer Museum Virtual Tour**

Friday, June 4 & 18 at 11-12 PM PST
Join Hammer Museum Student Educators for a
virtual conversation about historic and contemporary
works of art. RSVP with Yael Wyte at ywyte@alz.org

• **Coffee and Conversation**

Tuesday, June 1 & 15 at 10-11:30 AM PST
Connect with like individuals and care partners,
to discuss current events and a variety of topics. To
RSVP, contact Michelle Quiroga-Diaz at
(818) 446-1687 or mquirogadiaz@alz.org

• **Museum of Art and History Virtual Museum Tour**

Tuesday, June 10 & 17 at 2-3 PM PST
Join the Museum of Art and History (MOAH)
educators to learn about history, art, music, and
more. RSVP with Sivana Lavine at (818) 446- 1573
or sclavine@alz.org