

# CALIFORNIA STATE UNIVERSITY, SAN BERNARDINO

## **Success and wellness programs**

(Counseling and Psychological Services, Student Health Center, CARE Team)

## **Student Health Center**

All CSUSB students are now eligible for vaccination, they are providing the link: [COVID-19 immunization appointments](#). for vaccination appointments

All students can find resources on mental health practices, medical emergencies, and are holding virtual appointments for prescription refills, or health education appointments.

## **CARE Team**

They have two grants which can be given to international students and regular students,:

COVID-19 Emergency Grants: One time \$300 grant, citizenship status does not affect eligibility

Basic Needs Emergency Grants: One time \$500 grant,

## **The Den**

Provide essential groceries to students in need.

## **CalFresh Support**

International students must have health insurance coverage, they can sign up with relations.com. Relations are partnered with Anthem, meaning all anthem in-network providers can provide care. The annual premium is \$1,229.16, which covers the school year, can buy for individual terms.No chargers for doctor visits and tier 1,2,3,4 prescriptions.

[https://4studenthealth.relationinsurance.com/wp-content/uploads/20-21\\_CSUSB\\_Snapshot.pdf](https://4studenthealth.relationinsurance.com/wp-content/uploads/20-21_CSUSB_Snapshot.pdf)

## **Scholarships for undocumented students**

Resource guide provided

<https://www.csusb.edu/undocumented-student-success-center/resources/scholarships>

## **DACA application help**

Free legal services for the DACA application process for CSUSB students and immediate families

<https://carecenla.simplybook.me/v2/>

**Coyote Dreamers Ally Network (CDAN)** is offering two emergency grants for DREAMers

General emergency grant offers up to \$500 for rent, medical services, books,etc

Legal Fees Emergency grant offers up to \$500 to students who are looking for expense coverage (attorney fees or immigration fees)

Application:

<https://www.csusb.edu/undocumented-student-success-center/cdan-emergency-grant>

## **Financial Aid for DREAMers**

AB 540 and DACA students are able to apply for the California Dream Act and for CSUSB scholarships. The Financial Aid website lists several Off Campus Scholarship links for you to view. Please visit CSUSB's Financial Aid Office for more information: [Financial Aid for Dreamers](#).

## **Educational Opportunity Program (EOP)**

Any student who is a California resident or qualifies for an AB 540 is eligible to apply to CSUSB's Educational Opportunity Program. The mission of the EOP program is to provide access to higher education for historically low-income, first generation disadvantaged students who have the potential to succeed at the university level.

EOP recruits, retains and graduates students by providing a comprehensive program of support services which include admission, academic advisement, career and personal counseling, tutoring, financial assistance and graduate school information.

Please visit [CSUSB's EOP website](#) for more information.

## **Undocumented Advocates (formerly known as Coyote Dreamers) - On-Campus Student Club**

The club was chartered on August 13, 2015. The club was established to help and support CSUSB's undocumented student population.

For more information about the student club, please e-mail [coyote.dreamers@gmail.com](mailto:coyote.dreamers@gmail.com). You can also find more information on the [Coyote Dreamers Facebook Page](#).

## LOMA LINDA UNIVERSITY

### International students

Students withholding an F-1 visa must be registered in at least one in-class person or hybrid to maintain their visa status.

<https://home.llu.edu/campus-and-spiritual-life/student-services/student-life/international-student-scholar-services>

**Medical and limited Dental Health coverage Plan** with school, \$535 per quarter

<https://home.llu.edu/sites/home.llu.edu/files/docs/risk-management-student-health-plan.pdf>

**Employee and student assistance program** (free of charge and confidential)

This is essentially a hotline and a place to seek help

Assessment and referral

Crisis intervention

In-services

LGBT+ Resources

Etc

**Partnered with flywire** to provide international students with low-cost alternatives to pay student charges in a local currency.

<https://home.llu.edu/campus-and-spiritual-life/student-services/financial-life/student-finance/payments-with-non-us-currency>

## UNIVERSITY OF CALIFORNIA, RIVERSIDE

### Segal Education Award

The Segal AmeriCorps Education Award is a post-service benefit received by individuals who complete terms of national service in approved AmeriCorps programs. Upon successful completion of the service, members are eligible to receive the Segal AmeriCorps Education Award. To learn more about the program follow the link below.

<https://www.nationalservice.gov/programs/amicorps/alumni/segal-amicorps-education-award>

### UCR Financial Wellness Program

The program inspires and educates students on money management through various workshops throughout the academic year. These workshops are free for UCR students:

<https://financialaid.ucr.edu/resources/financial-literacy>

### Emergency loans

Students can check their availability for various kinds of emergency funding provided by UCR.

[https://financialaid.ucr.edu/emergency-funds#i\\_need\\_money\\_for\\_food](https://financialaid.ucr.edu/emergency-funds#i_need_money_for_food)

### **International students**

Health insurance is mandatory, **UC Extension Student injury and sickness insurance plan**. The cost is \$50 per week

**Optional Practical Training (OPT)** allows you to work a full-time salaried position for up to 1 year with your student visa. Granted by the US Citizenship and Immigration Services.

The international student's services page includes resources specific to the school's student services

### **The Well**

Free covid-19 wellness kit (masks, sanitizer, condoms, period products, sleep kit, etc)  
Virtual meetings with mental health educators and health education  
<https://well.ucr.edu/>

### **Basic Needs Resources**

R' Pantry - emergency food resource for UCR students, you can make appointments at <https://rpantry.youcanbook.me/>  
For more information: <https://basicneeds.ucr.edu/rpantry>

### **Emergency Housing Program**

The Basic Needs Department offers the Emergency Housing Program (EHP) as a temporary solution to homeless or housing insecure students experiencing a short-term housing crisis.  
To apply: [https://ucriverside.az1.qualtrics.com/jfe/form/SV\\_cNmKVBt9VJl9l65](https://ucriverside.az1.qualtrics.com/jfe/form/SV_cNmKVBt9VJl9l65)

### **Economic Crisis Response**

#### **Grocery card emergency housing grant**

Short-term grocery assistance- intended for students who are food insecure. Maximum of \$50 in grocery support or \$80 in Dining Dollars every two weeks.  
[https://ucriverside.az1.qualtrics.com/jfe/form/SV\\_eKeX8rzyMnbtbo1](https://ucriverside.az1.qualtrics.com/jfe/form/SV_eKeX8rzyMnbtbo1)

#### **CalFresh Support**

#### **ASUCR Legal Clinic**

Volunteer attorneys provide free legal services to registered students. Can find help with COVID-19 related issues and other  
<https://asucr.ucr.edu/services/legal>

### **Undocumented Student Programs**

Undocumented Student Programs (USP) welcomes all DREAMers, those students who are from mixed-status families and who are undocu allies! No matter your immigration status or cultural background, you have equal opportunity at UCR. You will have access to student success resources and will receive a quality education in a safe and friendly environment.

Services and resources:

- Academic, housing, financial aid, and study abroad resources
- [CA Dream Act and DACA](#) assistance
- [Legal](#) and [community referrals](#)
- Textbooks and calculators from the [USP Lending Library](#)
- Leadership opportunities
- [Undocu Ally](#) training
- [Grad school](#) planning
- [Internships and fellowships](#)
- [The R'Dream Scholarship and Book Grant](#)

## **California University of Science and Medicine**

**Provide resources for financial aid help.**

AAMC- First: Free informational resources for medical school tuition, budgeting, applying for student loans.

<https://students-residents.aamc.org/financial-aid/>

**Scholarships available for students to apply:**

IEHP scholarship: <https://www.iehp.org/about/healthcare-scholarship-fund>

HPSP Scholarship: <https://www.vacareers.va.gov/Benefits/EducationSupport/#scholarships>

## **San Bernardino Valley College**

**Mental Health Services**

- Counseling services are offered to assist with crisis-oriented psychological or emotional difficulties which interfere with the students' ability to function and succeed in college. "In a disordered mind as in a disordered body, soundness of health is impossible." -Cicero
- Counseling sessions are free.
- A variety of clinicians are available to assist students including licensed clinicians, interns, and trainees.
- Call (909) 384-4495 for an individual appointment
- Small group experiences are offered for personal development and peer support. Call (909) 384-4495 for current groups and times.
- To request a clinician to come speak to a group or class about mental health issues call (909) 384-4495
- Severe mental health crisis after hours call Suicide Prevention Life Line at 1 (800) 273-8255 OR San Bernardino County Crisis Referral Hotline at (909) 381-2420, alt number 1 (888) 743-1478 and TDD 1 (888) 743-1481

### **LIST OF UNDERGRADUATE SCHOLARSHIPS (No proof of citizenship required)**

*Resource and link provided by SB Valley College*

Immigrant Rising's List of Undergraduate Scholarships contains scholarships for undergraduate studies that don't require proof of citizenship or legal permanent residency. This up-to-date list, organized by deadline date, contains scholarships at the local (Bay Area), state and national level.

For more information and to download the scholarship list, please click [here](#).

### **Riverside Legal Aid**

Riverside Legal Aid is a public organization that provides free legal assistance to those in need around Riverside and San Bernardino county, and they recently established an immigration department to provide free assistance to individuals applying for deferred action through DACA, and naturalized citizenship as well.

Free legal services to qualified individuals in the areas of:

- family law (divorce, support, custody, visitation, domestic violence restraining orders, paternity)
- evictions
- guardianship/conservatorship
- debtor/creditor collection cases
- contract disputes
- bankruptcy

- Federal District Court civil cases

Riverside office: (951) 682-7968

Eviction Prevention & Rental Assistance  
Program: (951) 888-2039

Indio office: (760) 347-9456