



Behavioral Health

(ASIST) APPLIED SUICIDE INTERVENTION SKILLS TRAINING

**Free 2-Day Workshop for
San Bernardino County
Communities Ages 16+**



Sept. 21 - 22



8 a.m. - 5 p.m.



**Sunkist Room, 2nd Floor
658 E Brier Drive, San
Bernardino**



SEPTEMBER IS
SUICIDE PREVENTION &
AWARENESS MONTH

**This Training Will Enhance a
Person's Ability To Assist a
Person At Risk of Suicide:**

- ✦ Identify people who have thoughts of suicide.
- ✦ Understand how beliefs and attitudes can affect suicide interventions.
- ✦ Reduce barriers which hinder the ability to be direct and comfortable with suicidal situations.
- ✦ Conduct a safety assessment, develop a plan that will keep the person at risk safe-for-now.
- ✦ Engage in building resource networks for individuals at risk of suicide.